



Checklist

A reference guide to help source meaningful photographs for your dementia book

√	Check off when you have found specific photographs
	1. Childhood photos 1 or 2 with or without siblings
	2. Photos of teenage years
	3. First job
	4. Photos of career or recognizable places where he/she worked
	5. Photos of dating/wedding
	6. Photos of children - young and old
	7. Favourite vacation destinations or trips to the cottage, favourite places to visit
	8. Family including grandchildren
	9. Favourite food
	10. Favourite activities, hobbies, gardening etc
	11. Milestone celebrations
	12. Favourite belongings, beer mug, china cups etc